

## HOPE CLINIC ANNUAL REPORT 2022

In August 2020 the Hope Clinic was opened to the general public – an unprecedented venture forged by a partnership between Starfish and the Local Health Authority. By providing comprehensive preventive care, treatments and helping patients monitor chronic conditions, Hope Clinic reduces expensive emergency department visits and hospital stays. People used to travel long distances to get medical care from Salima District Hospital which is 7-10km away for local communities. The death rate has been high where relatives have attempted to nurse the sick at home unsuccessfully. Furthermore, the district has a high maternal death rate and therefore Starfish have been encouraged by the local health authority to construct a maternity wing.

Currently the clinic offers different services such as Antenatal Clinic, Family planning, Anti-Retroviral Therapy, HIV Testing and Counselling, Nutrition and Physiotherapy as well as a daily General Outpatients clinic.

In the year, the clinic saw the following numbers of attendees at the clinics:

General Outpatients 30,554. Ante Natal 893. Family Planning 1840. Anti-Retroviral Therapy 494.

HIV Testing and Counselling 645. Under Fives 569. Physio 98. Nutrition 784

### Focus on the Impact of HIV testing and Counselling.

Chifundo, one of our medical staff has told us,

"HIV testing and counselling has been successful at hope Clinic, hence a lot of people around Ngolowindo and the surrounding areas are acting positively to know their HIV status. They come in large numbers because of the kind treatment that they get when they get to the clinic.

Chifundo also said they counsel people to live positively and that being positive is not the end of the world. Therefore, with the counselling, people come to get ARV's without delay to the dates given.

The clinic is also a help to the area because it saves them from transport, since the main hospital is far that led people to miss their medications.

Chifundo concluded by saying that she is pleased that the clinic provides ART clinics, since the people are used to them and they clearly know that their status is safe with them."

The chart below shows the stats for 2022

Month	Male	Female (pregnant)	Female (not pregnant)	Total Positive	Total Negative	Male Negative	Male Positive	Female Negative	Female Positive	Tested by age					
										Male 1-14 years	Male 15-24 years	Male 25+	Female 1-14 years	Female 15-24 years	Female 25+
Jan	9	16	20	0	45	9	0	36	0	0	7	2	0	16	20
February	3	28	14	2	43	3	0	40	2	0	0	3	1	24	17
March	8	29	17	3	51	8	0	43	3	1	5	2	2	31	13
April	3	25	22	1	49	3	0	46	1	0	2	1	0	27	20
May	7	23	21	2	49	6	1	43	1	0	1	6	0	28	16
June	13	28	16	3	54	12	1	42	2	2	7	4	1	29	14
July	4	27	20	0	51	4	0	47	0	0	1	3	0	30	17
August	8	21	21	4	46	19	2	19	2	2	0	6	5	19	18
September	8	32	44	3	81	7	1	74	2	0	3	5	0	22	54
October	10	31	11	0	52	10	0	42	0	1	2	7	0	24	18
November	13	45	18	1	62	12	1	62	1	0	10	3	0	41	22
December	3	19	8	0	30	3	0	27	0	0	2	1	0	14	3

Hope clinic opens at 7:30 am and closes at 4 pm and is staffed by the following personnel:

**STAFF EMPLOYED BY STARFISH**

1 x Clerk  
1 x Pharmacy Asst  
1 x Cleaner  
2 x Gardeners  
1 x Ambulance Driver  
2 x Security Guards  
2 x Hospital Attendants

**EMPLOYED BY HEALTH AUTHORITY (also receive an allowance from Starfish)**

2 x Medical Officers  
1 x Nurse  
9 x Hospital Surveillance Assistants

**UPDATE ON PROGRESS**

On July 11<sup>th</sup> 2022, a groundbreaking ceremony was held at Hope Clinic where Starfish Malawi planned to construct a 12-bed maternity wing for Salima Ngolowindo citizens as a move to combat various health issues affecting expectant mothers and their babies in the area. Construction workers have been seen working effortlessly so that it is operational as soon as possible. It is making good progress and currently being roofed - Starfish hopes to officially open the maternity wing in 2023.



*Hope Clinic's Maternity Wing*

Hope Clinic has recently introduced a community youth worker and club to engage young people living in surrounding Ngolowindo communities. As a result, they are increasingly seeking out opportunities to improve the world by volunteering their service to projects they deem to be important. Considering that the community group is held at Hope Clinic the importance of healthy living is being promoted.

Communities enjoy benefits far beyond the financial aspects when youth contribute to service projects. When youth volunteer, adults tend to volunteer also, creating a culture of serving one another for life. The community gains a generation of young people who care about where they live and are willing to commit to bringing the following initiatives:

1. Youth who volunteer at the community health group for just one hour or more a week are 50% less likely to abuse alcohol or engage in other destructive behaviour.
2. Youth who volunteer at the community health group can learn a few basic health skills that they can practice at home if someone in their community is to fall sick. This helps the clinic with the congestion of different patients coming in for minor issues such as headaches.

## AN IMPACT STORY FROM THE YOUTH GROUP



"My name is **Mdala Fafali** I am 26 years old and from the community of Ngolowindo, I am the Discipline-Programme Coordinator for the Hope Clinic youth group. I started attending the group in September 2022 and have held my position for 3 months. I thought it wise to join the group as I have a passion for health and hope to become a doctor one day - I got the inspiration from Health Assistant Chifuniro Katunga. The group has helped me make new friends, I used to be shy but the programme has helped me to get over this. We are encouraged to participate in all reproductive health activities and not to be embarrassed, rather be open with our answers and questions."

## WHAT DIFFERENCE IS THE CLINIC MAKING?

The impact of Hope Clinic has improved the uptake of family planning and antenatal services, now that the government is providing a full-time nurse.

### Hope Clinic statistics

<b>Total population</b>	<b>13,768</b>
<b>*Gazetted village</b>	<b>18</b>
<b>**Non-gazetted village</b>	<b>47</b>
<b>Health surveillance assistants</b>	<b>7</b>
<b>Senior surveillance assistants</b>	<b>2</b>
<b>Static Clinic</b>	<b>1</b>
<b>Outreach</b>	<b>4</b>
<b>Households within</b>	<b>2060</b>
<b>Under 5 children</b>	<b>2484</b>
<b>Village clinic</b>	<b>2</b>

\*Gazetted villages are villages surrounding the clinic, therefore they are key villages that the clinic helps more frequently than other villages further away.

\*\*Non-gazetted villages are villages sited further from the clinic but still within the catchment area.



### WILLIAM CHIWEYO Secretary for the Management of Hope Clinic shared,

"Ever since Hope Clinic opened its doors people have been able to access medical services more easily than ever before. People had to travel a long distance just to find a simple painkiller and I believe with the introduction of the maternity wing more lives will be saved as women will no longer be travelling a long-distance during labour pains."

He continued to testify that people on ART (AIDS treatment) are now able to come to receive their medication at Hope Clinic - many were not willing to attend Salima District Hospital as they were too embarrassed with large numbers of people also attending to collect their treatment.

A further advantage for patients coming to Hope Clinic is that there is a readily available ambulance to pick up and drop off anyone who may need transport to the district hospital especially for emergency care. Other clinics charge a patient to use their ambulance, the patient either has to pay a fee for the service or has to contribute towards the cost of fuel, but the ambulance is provided free of charge for Hope Clinic patients.

**Tamandani Chingwalu**, an intern at the clinic shared,

"My name is Tamandani Chingwalu, I was born on 4<sup>th</sup> January 1996, and I've been working at Hope Clinic for the past 10 months as a medical intern. For the past 10 months, I've learnt a lot from personal growth to learning from the professionals here. I was at St Luke College of Nursing and most of the lessons were theory-based – only 20% were practical due to limited resources. But while at Hope Clinic I've been able to practice each theory I learnt with the help of my supervisor Health Assistant Chifundo Makina - she's helped me to know how to handle and diagnose patients. With all I've learnt at Hope Clinic I know I'll find work in a hospital once I find



"My name is **Criteria George** I was born on 26<sup>th</sup> December 1999, I got married at the young age of 19 and I have 3 children. I recently moved to Ngolowindo last month in November and the last time my child got sick I had to travel a long distance on a bike to Salima District Hospital. Now I don't worry about travelling a long distance anymore – I can now walk to Hope Clinic each time am feeling unwell. I am here today with my last born who has shingles all over his body. The Health Assistants have been very cooperative and have assisted me with medication."

**CRITERIA GEORGE, MOTHER OF PATIENT**